

YOUNG 5'S NEWSLETTER

SOMERSET ACADEMY

OCTOBER 2017

IN THE CLASSROOM

It was a great start to the new school year in Young 5's! Our main focus during September was on building listening and self-control skills through various books, activities, and as part of the daily routines. The children also collectively chose cheetahs as the topic for their first project of the year, and we will continue to learn about them in the coming month.

October will bring several community building events both in the classroom and beyond including the Playground Meet and Greet, Family Night, and our first field trip. The Young 5's will work cooperatively to prepare something special to share at the Halloween Parade at the end of the month.

PARENT RESOURCE

Impulse control and delayed gratification can often be challenging for young children. Games such as Follow the Leader, Freeze Dance, Simon Says, and Red Light, Green Light can help support self-control skills. Simply practicing waiting can also be useful in the development of the ability to delay gratification. For example, if your child is with you in line at the store, you can point out how you also have to wait sometimes. In addition, you can create situations where your child has to wait (ex. while a sibling does something first like get a snack or play with a new toy). Empathize with your child about how waiting is hard, even for grown-ups. A timer or calendar can be useful for children who need more of a visual.

OBJECTIVES

Social/Emotional

- Build positive feelings and a healthy sense of self
- Progress in developing and keeping friendships

Cognitive

- Demonstrate the ability to follow a sequence of steps to create a finished project
- Increase planning skills as an individual, in a small group, and with the whole class

Physical

- Continue to understand spatial awareness

Language/Literacy

- Recognize, name, and write H, K, L, U, V, W, X, Y, Z, C, and G
- Expand understanding of authors and illustrators
- Contribute to a class book or project through drawings and words

Creative

- Begin to understand and demonstrate rhythm in music
- Identify how patterns are used in art
- Express feelings and thoughts through dramatic play

OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Letters H and K	3	4 Spanish starts!	5	6 Bower's Farm field trip 1:10-3:30
9 Letters L and U	10	11 Spanish Show and Tell	12	13
16 Letters V and W	17 No School (Conference prep day)	18 Spanish Picture Day	19	20
23 Letters X, Y and Z	24	25 Spanish	26	27
30 Letters C and G Halloween Parade 3:40	31			

ANNOUNCEMENTS

- ❖ There will be a joint **Young 5's and Pre-K Meet & Greet** on **Saturday, October 7th** from **10:30am-12:00pm** on the playground. Hope to see you there!
- ❖ The Young 5's **field trip to Bower's Farm** is **Friday, October 6th** from **1:10-3:30**.
- ❖ **Young 5's Family Night** will be taking place in October. Watch for information regarding the date!
- ❖ Families are invited to watch as the Young 5's participate in the school's **Halloween Parade on Monday, October 30th** at **3:40**.
- ❖ Watch for an **online sign up for volunteers** to help with "spooky" centers and pumpkin carving on **Monday, October 30th**.